

# A Simple Christmas

GIVE HOPE *with Acts of Kindness*

## **PAY A STRANGER'S BILL**

Make someone's day by anonymously paying for their coffee or a meal.

## **CHOOSE KINDNESS**

The next time you are in a rush, take a moment to pause and offer kindness to a stranger.

## **SHOW UP**

If you know of someone in need, just show up. Be present to offer support and encouragement.

## **PAY IT FORWARD**

When you receive kindness from someone, don't let it stop at you. Make a point to offer that same kindness to the next person you meet.

## **WORDS OF ENCOURAGEMENT**

Tell a loved one or friend why you appreciate them.

## **GIVE MORE**

Donate extra groceries to a food bank or gently used clothes to a homeless shelter. Give to charity.

## **THINK OF OTHERS**

Do you know someone who could use some babysitting? Could you make a meal for a friend? What needs of others can you meet?

## **GIVE TIME**

Give of your time this Christmas. Volunteer at a soup kitchen. Ring the Salvation Army bell. Get involved at your church.

*Country Wife Chronicles*